

Guard your Heart

Proverbs 4:23

Discussion Questions

- 1)** What is most important to you in life?
- 2)** One way we can determine what is most essential to us is to observe what we like to think about. Where do your thoughts tend to drift to when you have some free time?
- 3)** What are some reasons why it is vital that we learn to guard our hearts?
- 4)** One reason we need to guard our hearts is that the devil will try to deceive us. How might our hearts be easily deceived?
- 5)** How might we discover the true condition of our hearts?
- 6)** Why is it important for us to fill our minds with the word of God? Do you practice Bible memorisation? What are the benefits of this?
- 7)** Are there any promises in the Bible that you continually hold on to that have renewed and strengthened your heart over the years?